

## 1st Annual Sublimity Open House

On Saturday, June 2<sup>nd</sup>, you will have the opportunity to participate in the First Annual Sublimity Public Safety Open House.

Come interact with your local community members and meet representatives from agencies such as Life Flight of Oregon, Red Cross, Marion County Sheriffs Marine Patrol and many other local agencies that have roots in public safety.

The open house will be held from 10:00 a.m.—3:00 p.m. at

the main station and Early Settlers Park (across from the station), with hot dogs and drinks provided.

There will be fun and exciting events for adults and kids of all ages, which give insight to the world of public safety. Come take part in what will hopefully be the start of a long tradition. Hope to see you there to support your department and your community!!

*Geoff McFarland*  
Open House Chairman

## EMS Symposium

For those of you still needing EMT training hours, there will be an EMS Symposium on Saturday, May 5, from 8 a.m.—5 p.m. Location TBA. Those in attendance will receive seven (7) hours of re-cert training in basic categories. Lunch provided. Event sponsored by Stayton/Sublimity fire districts. All EMTs should attend if you plan to re-cert.

### Sublimity Fire District

115 NW Parker St.  
P.O. Box 911  
Sublimity, OR 97385-0911



Phone: 503-769-3282

Ernie & Judy McFarland  
985 Yale Ave.  
Gladstone, OR 97027

# The Sublimity Re-tone

## Sublimity Fire District

### From the Chief's Desk

A March 15 farm accident gave us a reminder of the type of community we serve.

At approximately 15:30 hrs, we responded to an accident involving a large crop sprayer. The sprayer was in the field applying herbicides when it flipped over backward while trying to climb a steep incline.

The sprayer had two occupants. While one was able to free himself, the other was pinned inside the crushed cab, causing an extended extrication by Sublimity and Stayton fire districts.

The good news is that the occupant will survive after an extended recovery time with no perma-

nent injury.

This low frequency/high risk event should make us all aware of the risk associated with our line of work. Emotions ran high as numerous rescuers knew the farmer injured in the accident. Compound this with a stabilization problem, family members, farm chemicals and access issues, and the pressure to perform our job was greater than ever. A change in any one of these variables could have escalated the situation or made it easier.

These are tough rescue problems that call for critical thinking and concern for all people involved in the effort: family, friends, rescuers and

patient.

I will not attempt to Monday morning quarterback this event, but only reinforce the need to work together using the expertise that was on scene to accomplish the goal. In events like this it is important to see the whole picture, have a plan A and plans B, C and D, and be flexible enough to change as circumstances change. GOOD JOB, RESCUERS.



FROSTY

April 2007 Issue

Since 2003

### Inside this issue:

Bits & Pieces; Alarm Totals	2
EMT Recertification Information	2
Cooking Corner: Ladybugs	3
New Equipment Familiarization	3
FD offers AARP Driving Class	3
April Events Calendar	3
1st Annual Open House	4
EMS Symposium	4



We're on the Web!  
[www.sublimityfire.com](http://www.sublimityfire.com)

## Bits & Pieces

### • INTERN UPDATE

Once again, the time has come for some of our interns to move on. Geoff McFarland pulled his last intern shift on Thursday, March 29. However, he will be staying on as a volunteer and will continue with his role as the district's prevention educator and open house chairman.

Nick Kameron's last intern shift will be Friday, April 6. He is leaving the district in an attempt to be more focused on his schoolwork. Both interns will be missed.

If you know anyone interested in becoming a Sublimity Fire District intern, have them contact Amy at the district office or visit our Web site and check out the intern program page: [www.sublimityfire.com](http://www.sublimityfire.com).

## EMT Recertification

It's recertification time for all EMTs. You should have received a recertification packet in the mail. If you did not, you should contact Oregon Health Services *immediately* to make sure they have your correct information on file.

EMT-Basics are required to complete the following training for re-certification:

Subject	Hrs
Trauma Related	4
Formal Trauma Case Reviews	1
Medical Related	4
Formal Medical Case Reviews	1
Special Considerations	5
Pediatric Related	2
Use of Medications	1
Use of AED in Cardiac Arrest	2
Any Topic Above	5
<b>Total</b>	<b>25</b>

\*5 hours (or 20% of total required hours) may be obtained by completing the following: teaching related subjects or being an EMT exam evaluator.

If using audiovisual programs, the EMT must have prior approval from his/her

### • UPCOMING AVAILABLE TRAINING

For those of you interested in obtaining your NFPA Pumper Operator or NFPA Instructor 1, those classes are coming up soon.

The Pumper Operator class will be April 21-22 AND May 5-6. You must attend both weekends and complete a taskbook to receive your certification.

The Instructor 1 course will be held May 19-20 from 8 a.m.- 5 p.m. For this course, there is a pre-assignment that must be completed, as well as a taskbook to receive certification.

Also being offered is an EMT-Basic continuing education class on April 28-29 from 8 a.m.-5:15 p.m. You can attend one or both days. Each day offers

medical director.

If an EMT-Basic's or Intermediate's initial certification period is: 6-12 months, 25% of the hours listed are required; 13-23 months, 50% of the hours listed are required; or 24-30 months, 100% of the hours listed are required.

EMT-Intermediates are required to complete the following:

Subject	Hrs	Required
CPR Certificate		Required
Formal Trauma Case Reviews	3	
Formal Medical Case Reviews	3	
Indications, contraindications and complications of medications within EMT-Intermediate scope of practice	4	
Review of current medical issues relating to pre-hospital care at EMT-I level	4	
<b>Total</b>	<b>14</b>	

In addition to the above, the EMT-I **must demonstrate** proficiency in the following areas as evidenced by the signature of the medical director:

-Basic airway care to include insertion of

the opportunity for 8 continuing education hours.

If you are interested in signing up for any of these courses, please contact Amy at the district office right away. Also, check our Web site for updated training info: [www.sublimityfire.com](http://www.sublimityfire.com)

### 2007 ALARM TOTALS

EMA	62
Service Calls	5
Fires	7
False Calls	4
Hazard. Cond.	4
Good Intent	8
<b>TOTAL</b>	<b>90</b>

a pharyngeal esophageal airway device.

- Rapid extrication and spinal immobilization.

-Intravenous and intraosseous access and administration of medications authorized for use by EMT-Intermediates.

-Cardiac arrest management.

-ECG monitoring and interpretation and application of EMT-I protocols to clinical scenarios.

### Recertification Process

Pick up pre-addressed envelopes from Amy to use to mail in the confidential background questionnaire portion of the form. For the actual re-cert form, drop it off with Amy and all will be mailed in as a group and paid for with one check.

The most important thing to remember about EMT-recertification is that it is **YOUR** responsibility to make sure you have completed enough hours of training.

## The Cooking Corner: Ladybugs on a Stick

Source: FamilyFun.com – Spring Recipes



### Instructions

1. For each one, push half of a red grape onto a wooden skewer for the head.
2. Next, push on a hulled strawberry and score the back to create wings.
3. For spots, use a toothpick to gently press mini chocolate chips, points down, into the strawberries. Arrange the skewers on a honeydew melon half.

### Ingredients

Red grapes, Strawberries  
Mini Chocolate Chips  
Honeydew Melon

## New Equipment Familiarization

If you haven't gotten a chance to check out some of the new equipment, you should make an effort to come down to the station and familiarize yourself with it.

With federal grant money, the district has already procured a Cutter's Edge Fire Rescue Saw, as well as a Blitzfire Monitor Nozzle.

It is important to become familiar with the depth gauge and the guard on the saw. You should also check out the bullet chain. The saw is located in the

engineers' compartment on the lower shelf.

The Blitzfire Monitor Nozzle is located in its mount on the back of Engine 51. At the preset discharge setting on the pump panel, water can flow at a rate of 450 gpm out of the nozzle. It has a safety shut off switch built in, so any movement causes shut down. All firefighters should make themselves familiar with the nozzle's operation. There is a video available at the station that will provide information on the nozzle if you are interested.

## Sublimity Fire offers AARP Driver Safety Class

Sublimity Fire District will be hosting an AARP Driver Safety Class (aka 55-Alive) on Tuesday, April 24, and Wednesday, April 25, from 5 p.m.–9 p.m. in the training room at the main station.

Oregon law requires auto insurance companies to give a discount to drivers age 50 and over who complete the 8-hour class and who otherwise qualify, (acceptable driving record, no teenage drivers, etc.) A reduction in rates may also be offered to younger drivers or for other exceptions by individual insurance companies.

This class will take place in a classroom setting only; there will be no on-

street driving lessons. All classes are offered in two 4-hour sessions; attendance at both sessions is required. The cost for the class is \$10/person.

Classes are open to anyone age 16 and over. Topics cover issues related to mature drivers, including physical challenges. Topics also cover current laws and safe driving tips. There is no final exam for this course.

Participants will receive a manual and other informative materials. Some local court systems in Oregon accept this class as a diversion alternative to paying a fine for some citations.

## April Calendar

1 — Palm Sunday

3 — Passover

5 — Dinner/Business Mtg., 6:30 p.m., EMS Drill, 7:15 p.m., Officers Mtg., 8:30 p.m., Station 51

6 — Good Friday

8 — Easter

11 — Board of Directors Meeting, 7:00 p.m.

12 — Drill, 7:00 p.m.

15 — Holocaust Remembrance Day

19 — Drill, 7:00 p.m.

22 — EARTH DAY 

25 — Administrative Professionals Day

26 — Drill, 7:00 p.m.

### April Birthdays

2 — Jerry Heater

8 — Kim Zuber

9 — Tim Frost

16 — Mike Patrick

16 — Becky Merrell

AARP is a non-profit organization whose goal is to make the roads safer for everyone. AARP is always seeking locations/groups to sponsor driver safety classes. Referrals are welcome.

Classes are offered in various locations every month. There is a schedule posted at the fire station, or you can contact Sheryl Forrest, Assistant State Coordinator, Section 6, with Marion-Polk-Yamhill counties, 541-327-2953 for more information.

