

◆ Sublimity Fire District ◆

Newsletter since 2003

Stardate: February 1, 2006

FEBRUARY 2006 CALENDAR

2 - Association dinner, 6:00 p.m., Station 51; EMS Drill, 7:00 p.m., Business Meeting immediately following

6 - Monday Drill

8 - Board of directors meeting, 7:00 p.m., Station 51, Training Room

9 - Regular Drill

13 - Monday Drill

14 - Valentine's Day

16 - Officers Meeting, 6:30 p.m.; Regular Drill

17 - Banquet RSVPs DUE

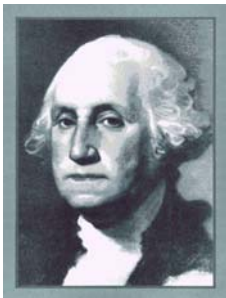
20 - Presidents' Day (office closed); Monday Drill

23 - Regular Drill

27 - Monday Drill

Birthdays:

1 - Karey Hendricks
12 - Geoff McFarland
23 - Wayne Palmquist



Captain's Log: Mike Patrick

FIRE! FIRE! FIRE! Now that I have your attention, I would like to bring everyone up to speed on where we are at with the training and drill program.

The first month of drilling was dedicated to Search & Rescue. After seeing every-one drill and hearing from the other captains, I think we are right on track, not only with Search & Rescue, but also with our teamwork and hose skills. Thank you all for your patience and hard work.

Next on the agenda was supposed to be a lot of RIT training, but some of that will be moved forward because of the burn-to-learn agenda. We have one place that we're going to burn that may have to come down pretty quickly. However, we're going to use it to the best of our ability while we have it and get the most training out of it that we

can.

Likewise, most of you have been to some EMS drills that are back on Thursday nights. Only one person mentioned some concern about the timing, so I assume that it is working well for everyone else. (Sorry, Chief Heater).



These drills are built around the premise that not everyone has medical training, nor wants any, as well as the fact that some of those attending are EMT-Is and paramedics. Bottom line, there is something for everyone to learn and I strongly encourage you all to attend.

EMTs, this is not a recertification year, but time sneaks up pretty quickly, so log all the hours you can. Intermediates, as I am sure you have heard by now, your scope may be changing. Well, it will be changing, but whether our physician orders change

to meet the new Oregon standards is yet to be seen. You will HAVE to complete a bridge course to remain an Intermediate, or you will step down to EMT-Basic. Last but not least, First Responders: this is a recertification year for you. Here is what you will need to have by June of this year:

Trauma Assessment and Management: 5
Medical Emergencies Assessment and Management: 5
Special Considerations and Support Services: 5
Pediatric Patient Assessment and Management: 1
Total: 16 hours

If you have any questions, let me know and I will see what I can do to help.

I hope that the training and drills have been what everyone has been wanting. If you have suggestions or comments, please let your officer know. As the weather gets better and days get longer, expect some pretty fun and in depth drills.

Until next time,
Mike

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Sublimity Fire District Resident Intern Program

For several years, Sublimity has sponsored what is commonly known as a "sleeper" or "resident volunteer" program, but what has now come to be known as the "intern" program.

Six students live upstairs at the fire station in individual rooms. In exchange for free room and board, digital cable, computer and Internet access, and tuition reimbursement, each of these students is assigned a 24-hour shift, with 48 hours off in between shifts.

Interns are expected to be at the station and ready to respond while on shift, except when in class. They are also responsible for daily chores, maintenance, miscellaneous work around the

station, and, most importantly, responding on calls.

The six interns are: Ira Doran, Spencer Mitchell, Nick Lane, Geoff McFarland, Craig Martin and Sean Doyle.

Lane and Mitchell are finishing up their first year of the Chemeketa fire program. In addition, Lane recently earned the title of captain at Chemeketa and will be responsible for his own shift beginning in April.

McFarland is finishing up his EMT-B training at Clackamas. Doyle is taking prerequisite courses with plans of becoming a paramedic. Martin has just decided to join the Marines and will be leaving at the end of this term. Doran is a Chemeketa fire program graduate and current paramedic student and will also be moving out at the end of the term, but will continue service as a volunteer.

The district is seeking applicants to fill the two positions opening in March. Applicants must be full-time students, with preference given to students in the fire program. Call or stop by the station for an application.

The Cooking Corner Angela's Angelic Pastry

Ingredients

- 2 cans Pillsbury Crescent Rolls
- 1 (8 oz.) pkg cream cheese
- 1 egg, separated
- 1 cup sugar
- 1 Tbs. vanilla
- cinnamon sugar mixture (to sprinkle on top)

Instructions

Roll out one can crescent rolls in 13 x 9" pan. Mix cream cheese, egg yolk, sugar and vanilla with electric mixer until well blended. Spread onto rolls in pan. Roll out 2nd can of crescent rolls on top of cream cheese mixture. Beat egg white and brush on top of crescent rolls. Sprinkle with cinnamon and sugar. Bake at 350° for 20 minutes.

2005 Alarm Totals

EMA	348
Fires	39
False Call	33
MVA	52
Service Call	18
Good Intent	24
Hazardous Cond.	8
Other	0
TOTAL	522

Bits and Pieces

- ◆ **Recruit Academy: COMING SOON.** The next recruit academy will begin in March. If you know anyone interested in becoming a volunteer, encourage them to contact the station at 503-769-3282. The district is always in need of capable volunteers.
- ◆ **FEMA IS 700 Course:** All members are now required to successfully complete the FEMA IS 700 course. This is an online course that relates to the Na-

tional Incident Management System (NIMS). The Web site address for the course is www.IS700.com. After completing the course, you will receive a confirmation e-mail. Please print it out or forward it to Amy: sta51adm@wvi.com.

- ◆ **Monday Night Drills:** For those members who cannot attend regular Thursday night drills, Captain Patrick has organized an alternative drill for Monday nights. For more information, contact the sta-

- tion or Captain Patrick.
- ◆ **AWARDS BANQUET:** Saturday, March 4, at Anthony Hall, Sublimity is having its annual awards banquet. The social hour begins at 6:00 p.m. A prime rib dinner and the awards presentation will begin at 6:45 p.m. 2005 awards being presented are Rookie of the Year, EMS Responder of the Year, Fire Fighter of the Year and Officer of the Year. The Support Team will also be presenting its awards for the year.