

# ◆ The Sublimity Re-tone ◆

Newsletter since 2003

July 2006

## JULY 2006 CALENDAR

### 4 - Independence Day; Stayton Fourth of July Celebration:

Habitat for Humanity Breakfast, Stayton Elementary, 7-noon; Walk/Fun Run, Stayton Community Center, 9 a.m.; Grand Parade, 4 p.m.; Games/Food Booths and Entertainer Joe Stoddard, Stayton High, 6-10 p.m.; Fireworks, dusk.

6 - Dinner, 6:30 p.m.; EMS Drill, 7:00 p.m.; Business Mtg., 8:00 p.m.

13 - Drill Night

20 - Officers Meeting, 6:30 p.m., Drill, 7:00 p.m.

27 - Drill Night

### July Birthdays:

2 - Phil Hitchcock  
7 - Herman Hendricks  
11 - Jeff Gallinger  
12 - Amy Manning  
21 - Dusty Thomas  
31 - Gene Ditter  
31 - Angela Hargin



## Message from the Chief

I decided to take a look back at the changes in firefighting that have occurred in my 24 years in the fire service. This only lists what I can remember, glad we haven't changed too much.

Full PPE, Vehicle Inspections, Hoods, No Cage, Live Fire Training, Safety Committee, Safety Training,

Accountability Systems, Basic Firefighter Training, Backup Lines, Interior Firefighting, CAFS, Eye Protection, Driver Training, PASS Alarms, Radios, Safety Officers, Diesel Apparatus, Exhaust Systems, Backup Alarms, Maintenance, Hearing Protection, Bloodborne Pathogens, Confined Space, Accident Prevention Training, Driver Training, Positive Pressure Fans, Four-Door Cabs, Class-A Foam, Washing Turnouts, Clean Helmets, Daily Training, Latex Gloves, Standards, CPR Faceshields, SCBA Use, AEDs, Annual Hose Testing, No Tailboards,

Physicals, Fire Shelters, 2 in - 2 out, LDH, HazMat, PBI/Kevlar, WMD, Mask Mounted Regulators, Respiratory Evaluation, OSHA, DPSST, Automatic Sprinklers, 1 3/4-inch line, Breathing Air Sampling, Adjustable Nozzles, EMS Response, Wildland



Firefighting, C B R N E , Universal

Precautions, Light Bars.

Come gather 'round people  
Wherever you roam  
And admit that the waters  
Around you have grown  
And accept it that soon  
You'll be drenched to the bone  
If your time to you  
Is worth savin'  
Then you better start swimmin'  
Or you'll sink like a stone  
For the times they are a-  
changin'.  
- Bob Dylan, 1964

Frosty

## SAFETY NEWS

The Safety Committee just finished its quarterly inspections of both stations, prompting reminders about a few important safety issues.

Tidiness is important. Really. It is. Leaving items carelessly about can create a tripping hazard or accident.

Also, don't forget to go through first-aid stations periodically. Make sure stations are fully stocked and dispose of any expired drugs. Ask Chief Frost for a list of first-aid station requirements.

When storing miscellaneous items in a vehicle or apparatus, make such each item is properly secured and will not become a flying object in the event of an accident or sudden stop.

If you have any safety concerns, don't hesitate to alert the safety committee or the fire chief. Remember, they are here to protect YOU.

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## BOARD TAKES STEPS TO PROTECT VOLUNTEERS IN THE EVENT OF AN INJURY WHILE SERVING YOUR COMMUNITY

Ever heard the excuse, "I can't be a volunteer because I couldn't afford to

get injured fighting a fire?"

The Board of Directors has heard this statement and taken steps to protect its volunteer firefighters by

providing adequate workers' compensation insurance and an additional Accidental Death and Dismemberment policy.

A recent presentation by

Tammy Fitch of Wilson-Heirgood Insurance answered the board's questions on members' income protection and prompted the board to increase protection coverage on both policies. The presentation culminated the board's desire to make sure our people are adequately protected from income loss. The new policies have a combined revenue protection of up to about \$5,000 and added insinulative benefits. See Amy for a complete copy of coverage.

### 2006 Alarm Totals

EMA	133
Fires	12
False Call	12
MVA	12
Service Call	45
Good Intent	11
Hazardous Cond.	4
Other	1
<b>TOTAL</b>	<b>230</b>

### *What Was Happening Around This Time in 1976?*

- The Pittsburgh Steelers won the Super Bowl.
  - “The Bad News Bears” movie premiered.
  - A gallon of milk cost \$1.67.
  - U of O beat OSU in the Civil War, 23-14.
  - Gerald Ford was president.
  - Gas cost 67.5 cents/gallon.
  - Oil was \$12.37/barrel.
  - The song “Disco Duck” was popular.
  - Dr. J played for the New Jersey Nets in the ABA.
  - Bob Straub was governor of the State of Oregon.
  - Nadia Comaneci had seven perfect scores of ten at the Olympics.
  - Karey Hendricks joined the Sublimity Fire District!***
- After all this time, Karey had this to say: I put up with a lot of bull\*\*\*\* in 30 years.

## *Bits and Pieces*

- ◆ **CONGRATULATIONS!**  
Congratulations to Jeff Gallinger and Megan (Bushman) Gallinger, who tied the knot on June 24, 2006, in a beautiful evening ceremony at Wine Country Farm in Dayton. They are currently honeymooning in Riviera Maya, Mexico.
- ◆ **QUALIFIED INTERNS NEEDED**  
Once again we are looking for qualified interns to fill vacancies in our program. This is an excellent opportunity to gain hands on

experience.  
If you know anyone interested, please have them call or swing by the station. Interns must be full-time Chemeketa students, preferably in the fire science program.

- ◆ **FIREFIGHTER TIP #1:**  
During hot weather periods, it's important to stay hydrated prior to fighting fire. Plenty of fluids means one-half to two quarts of water daily. During heavy firefighting activity, drink an additional 32 oz. an hour. Know the signs of heat

exhaustion and heat stroke. Keep an eye on other firefighters.

- ◆ **FIREFIGHTER TIP #2:**  
Keep extra socks at the station. Never wear your turnout boots without socks; the rubber will radiate heat easily.
- ◆ **FIREFIGHTER TIP #3:**  
A smart firefighter will hide extra water in another firefighter's gear bag. No use in you carrying the extra weight.