

National Fire Prevention Week: October 8-14, 2006

In preparation for the upcoming fire prevention week, the National Fire Safety Council (NFSC), a federally funded non-profit group, has commissioned donations from local businesses and put together all of the fire prevention materials to distribute in Sublimity schools.

Geoff McFarland, an intern with the Sublimity Fire District and the district's prevention educator, will be distributing the materials and teaching kids about fire prevention.

Some of the items emphasized in prevention education are: stop, drop and roll; the importance of having

home fire escape plans and checking smoke detectors; crawling low in smoke; and knowing the number to call in case of emergency (9-1-1).

Part of Geoff's presentation includes bringing in a firefighter in full turnout gear and SCBA so kids can see what a firefighter might look like who is helping them in an emergency. This helps prevent kids from hiding out of fear.

The NFSC is a national company that collects money from local businesses to support fire prevention education. Costs left over after donations are subsidized by federal funds.

Flu Shots

The district will be holding a flu shot clinic/tuberculosis (TB) testing on Monday, October 16, at Station 51, from 4:00 p.m.—6:00 p.m.

The TB tests must be read 48-72 hours after initial distribution. There will be someone at Station 51 to read the tests during drill on Thursday, October 19.

TB testing is mandatory for all responders. If you do not attend the TB testing at the fire station, you will not be allowed to respond until you have completed the TB testing process.

The district will pay for flu shots for all active members only. Family members are welcome to come get shots, but must pay for the cost of the shot.

Sublimity Fire District

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We're on the Web!
www.sublimityfire.com

The Sublimity Re-tone

Sublimity Fire District

From the Chief's Desk

Think back on all of the great teams you have seen in the past. Each one of them has shared some common threads that made them great. It might have been extraordinary players, a great coach, the ability to adapt to changing situations, unselfishness or a team cohesiveness that held them together in achieving a goal.

The fire service is not unlike a sports team; we are here to achieve the common goal of restoring peace in the presence of chaos, to stop a fire or treat and transport the sick and injured. And like all great teams, we must practice to be proficient at what

we do. You have often heard me say that this is a very simple game, "they call and we go," but I know all the practice and sacrifices that have been made before we get the call.

Weekly fire drill is our chance to practice for our big game. It is the time to learn new things, practice old skills and to become familiar with our team. We count on other members to be able to perform their skills and to be able to handle unexpected situations that arise in the unpredictable game of emergency response.

I need to be able to count on you, my team-

mate, when I get into trouble and need your help. I need to be confident in your skills to rescue me.

Is drill attendance important? You bet it is, if nothing more than to get to know my team members and the field on which we play. Great players didn't get good by only playing in the games; they practiced-practiced-practiced.

See you next Thursday.



FROSTY

October 2006 Issue

Since 2003

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Halloween Activities at Station 51

This year, make the fire station your first stop on Halloween. Firefighters will be handing out treats, along with reflective trick-or-treating bags. They will also be talking about trick-or-treating safety.

Guests are invited to

come into the apparatus bays to have some refreshments and a good time.

For the past few years, volunteers have provided adults and kids alike with hot cocoa, cider, coffee, cookies, and, most importantly for the trick-or-

treaters, CANDY!

Folks will have the opportunity to check out the equipment and apparatus, interact with the firefighters and ask questions, eat some sugary goodness, or sit around and watch a family movie.

Everyone is invited, so bring your little ghosts and goblins on over and make the fire station your first stop on Halloween.

The station will be open throughout the evening, so feel free to stop by, even if just to warm up.

Bits and Pieces

• ODF EXTENDS BURN BAN

Due to extended dry weather conditions and regulated fire closure of lands protected by Oregon Department of Forestry (ODF), no burning of backyard debris will be allowed in the Sublimity Fire District until conditions improve and ODF lifts the ban. The public will be notified when conditions improve, or they can call the burn line for updated information daily. 503-769-3400

• EMT-BASIC CLASS OFFERED IN STAYTON

Stayton's Assistant Chief Jay Alley has been in talks with Johnny Mack from Chemeketa Community College about hosting an EMT-Basic class in Stayton this winter and spring terms. The specifics have not yet been finalized, but what is known is that the class will be on Mon-

day and Wednesday nights, with some Saturdays as scheduled by the instructor. If you are interested in participating, please call the station and let Amy know.

• 5 YEAR-OLD STARTS APT FIRE IN SALEM

A five-year-old playing with fire from a candle left burning started an apartment fire in Salem that caused \$80,000 worth of damage and completely destroyed the apartment. Because of smoke alarms, the family was able to escape unharmed.

• CA. WILDFIRES CAUSE MASSIVE EVACUATIONS

A wildfire in the Los Padres National Forest, about 70 miles northwest of Los Angeles, has jumped containment lines and forced evacuations of nearby residents. The fire, started by someone

burning debris on Labor Day, has burned more than 148,884 acres of wilderness and topped more than \$45.5 million in firefighting costs. This has caused Governor Schwarzenegger to declare a state of emergency in Ventura County.

ALARM TOTALS

EMA	210
Service Calls	69
Fires	44
False Calls	21
MVA	18
Good Intent	12
Hazard. Cond.	5
Other	1
TOTAL	380

Gearing Up for the Holiday Season

The Sublimity Fire District and Firefighters Association will be participating in a variety of holiday activities this year.

HALLOWEEN

First up is Halloween. As always, the station will be open and volunteers will be serving coffee, cocoa and cider; trick-or-treaters will be supplied with a hefty bounty of candy; and there will be a family movie playing in the bay. A new twist is the distribution of reflective trick-or-treat bags to community kids and talks about Halloween safety. For more information, see page 1.

TURKEY SHOOT

The next big event is the Firefighters Association Turkey Shoot on Sunday, November 19. This year will mark the 65th Turkey Shoot event at the fire station. Participants play Bingo for 25 cents per card per game. Winners receive frozen turkeys. An addition to this year's fun will be Turkey Shoot T-shirts.

FOOD BASKET DONATIONS

In the past, leftover turkeys from the Turkey Shoot have been donated to the food bank. This year, all leftover turkeys will be included in food baskets to be distributed to community members in Stayton and Sublimity fire districts who are unable to afford a holiday meal.

The district has elected to become a sponsor this year to collect for food baskets for less fortunate local families during the holiday season. There will be a collection bin and more information at the fire station for anyone wishing to donate. Also, we are looking for volunteers willing to help put together baskets. Food baskets will be delivered to residents in the Stayton/Sublimity area on Thursday, December 21, via fire engine.

There will also be a collection bin to donate toys to Stayton Fire's Toys for Joy program. The Toys for Joy program covers children all over the Santiam Canyon area, including Sublimity Fire District.

TREE LIGHTING CEREMONY

Another holiday favorite for Sublimity

residents is the holiday tree lighting ceremony at Early Settlers Park (across from Station 51). This year, the tree lighting will take place on Saturday, December 2, at 7:30 p.m. Once again, Santa will be on hand to light the tree and will stick around afterward for some pictures at the station. Refreshments will be provided.

CHAMBER FORUM LUNCH

The fire district will likely be hosting the Stayton/Sublimity Chamber of Commerce Forum Lunch on December 4, at noon at Station 51. Firefighters will give a presentation on holiday safety (i.e., keeping trees sufficiently hydrated, not plugging too many lights into one outlet, etc.) and a hot lunch will be served.

CHRISTMAS POTLUCK

The departmental Christmas Potluck will be on Thursday, December 7, and will be located in the training room at Station 51. All volunteers, career staff, support team, life members and honorary members are invited to attend. Please RSVP to Amy at the fire station. 503-769-3282

The Cooking Corner: Pizza Casserole

Recipe submitted by Lieutenant Gene Ditter

Ingredients:

1 1/2 lbs. ground hamburger
1 medium onion, chopped
1/4 c. chopped green pepper (optional)
2 c. extra wide egg noodles
1 teaspoon salt
15 1/2-oz. jar pizza sauce
1 pkg. pepperoni slices
16-oz. pkg. Mozzarella cheese, grated

Instructions:

Brown hamburger and onion. Add green pepper. Season with salt and pepper. Boil noodles with 1 tsp. salt. Pre-heat oven to 350 degrees. Mix hamburger, noodles and pizza sauce. Layer in casserole dish: 1st layer—hamburger/noodle mixture; 2nd layer—pepperoni slices; 3rd layer—Mozzarella cheese. Heat through until hot and bubbly. Serves six.

Paint the Town Pink

October is National Breast Cancer Awareness Month. Santiam Memorial Hospital in Stayton is sponsoring activities to help build breast health awareness throughout the Santiam Canyon.

The hospital will be hosting a free "Breast Cancer Detection & Treatment" presentation and open house on Tuesday, October 17, at the Santiam Memorial Hospital Freres Auditorium.

The open house will run from 5:30-6:30

p.m. and will include breast health information and refreshments.

Fay Seppala, M.D./F.A.C.S. and general surgeon at Santiam Memorial Hospital, will be giving the presentation on breast cancer detection and treatment.

The presentation will be followed by a perspective from Marilyn Schmidt, M.A., a breast cancer survivor.



Meet Your New Intern: Nick Kamerer

In the grand scheme of things, an intern's time with Sublimity is usually short—a year, maybe two. Those who are local may stick around longer. But in that short amount of time, an intern is a very important and active member of the fire department, so it's important to make him or her feel welcome and remember that he or she is helping out in our community. It's a symbiotic relationship; interns help out the community/department with response, while we help them gain experience.

Nick Kamerer, 22, comes to Sublimity with no fire fighting experience, but is very eager to learn. He acquired his EMT-Basic certification before he started here, and has already been a great help to the district responding on medical calls.

Nick joined Sublimity to gain fire ex-



perience and because it seemed like a very close-knit community. His goal is to

October Calendar

2 — Yom Kippur

5 — Safety Committee Meeting-5:00 p.m., Association Dinner-6:30 p.m., EMS Drill-7:00 p.m., Business Meeting-8:00 p.m.

8—14: National Fire Prevention Week

9 — Columbus Day (observed)

11 — Board of Directors Meeting-7:00 p.m.

12 — Drill-7:00 p.m.

19 — Officers Meeting-6:30 p.m., Drill-7:00 p.m.

24 — United Nations Day

26 — Drill-7:00 p.m.

29 — Daylight Savings Time ends

31 — Halloween Fun at Station 51

October Birthdays

8 — Nick Lane

9 — Fred Sutter